

the

Activity

your guide to staying active in Maricopa

guide

July 2011







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Art & Music	AG1
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Age-appropriate icons

help you find the programs and classes that are age relevant and may be suitable for you and your family:

-  May be suitable for children ages 1-5.
-  May be suitable for children ages 6-12.
-  May be suitable for teens ages 13-17.
-  May be suitable for older teens and adults ages 18+.

Where's my class? Here's a reference guide to help you better identify where our programs are located:

ATA = ATA Karate Studio
CAC = Central Arizona College
CC = Coyotes Center
CH - City Hall
CTR = Copa Center
DK = Duke Golf Course
MCC = Maricopa Chamber of Commerce
MDF = Maricopa Dance & Fitness
MES = Maricopa Elementary School
MM = Maricopa Manor Business Center
MPL = Maricopa Public Library
MULT = Multiple locations
PMB = Pima Butte Elementary School
PP = Pacana Park
PW = Public Works
PWY = Pathway Preparatory Academy
RTP = Rotary Pool
SB = Saddleback Elementary School
SSM = Stage Stop Marketplace
SRES = Santa Rosa Elementary School
TBD = To be determined

How to read the catalog

correctly is important in selecting the programs that interest you and works with your schedule. Here's what you should expect to find in the program schedule line: Session, Age Requirement, Cost of Class, Day(s) of the Week, Date Range, Class Time and Location Code.

REGISTER ONLINE:
MARICOPA-AZ.GOV

ART & MUSIC

Intro to Oil Painting for Beginners



This is an introduction to oil on canvas painting. The purpose of the class is to present techniques and methods so you can paint fantastic landscape scenes right away. This is a hands-on class where you will be painting your first painting from the first class. During the classes, you will learn about color, composition, structure and method of applying paints to achieve different effects. The class will not be a demonstration but a real hands-on class where you will be practicing the techniques and methods immediately. Note: We will be using standard Oil Paints and Oderless Terpenoid. People who are allergic to oil-based paints, terpenines or thinners should not take this class. Enrolled students must purchase their own supplies. Additional details can be found at maricopa-az.gov.

16+	\$60	T	9/13-9/27	6-8PM	TBD
16+	\$100	T	9/13-10/18	6-8PM	TBD
16+	\$60	T	10/25-11/8	6-8PM	TBD
16+	\$100	T	10/25-11/29	6-8PM	TBD

Just Once Guitar



Have you ever wanted to learn how to play the guitar but simply find it difficult to make the time? In just a few hours you can learn enough about playing the guitar to give you years of musical enjoyment and you won't have to take private lessons to do it. This crash course will teach you some basic chords and get you playing along with your favorite songs right away.

11+	\$49	T	11/29	6:30-9PM	TBD
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Just Once Piano



You don't need years of weekly lessons to learn how to play piano. In just a few hours, you can learn enough secrets of the trade to give you years of musical enjoyment. You will learn all the chords you'll need to play any song. If you can find middle C and know the

meaning of Every Good Boy Does Fine, you know enough to enroll in this workshop.

18+	\$49	T	10/4	6:30-9PM	TBD
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SPORTS, HEALTH & FITNESS

Adult Tennis Level I



Novice students will learn basic strokes, strategies and rules of the game in order to become proficient for match play.

18+	\$56	Su	9/18-11/13	4:30-5:30PM	PP
18+	\$56	Su	9/18-11/13	5:45-6:45PM	PP

Adult Tennis Level II



Experienced players will learn new shots to improve their game and overall footwork, such as approach shots, volley and overhead.

18+	\$56	Th	9/22-11/17	8:30-9:30AM	PP
18+	\$56	W	9/21-11/16	7-8PM	PP

ATA Taekwondo: Karate Kids



Students learn Taekwondo from nationally certified Black Belt and Master instructors in Maricopa's only full-time professional martial arts school. School-aged children enjoy fitness, self-defense and life skills training through a variety of disciplined exercises. Classes emphasize goal setting, personal achievement and leadership. Featuring the Kids 'n Power child safety and bullying prevention program. New/White, Orange and Yellow Belts only.

7-11	\$59	M	9/12-10/17	5:15-5:55PM	ATA
7-11	\$59	T	9/13-10/18	4:30-5:10PM	ATA
7-11	\$59	W	9/14-10/19	3:45-4:25PM	ATA
7-11	\$59	Th	9/15-10/20	6-6:40PM	ATA
7-11	\$59	F	9/16-10/21	3:45-4:25PM	ATA
7-11	\$59	M	10/24-12/5	5:15-5:55PM	ATA
7-11	\$59	T	10/25-12/6	4:30-5:10PM	ATA
7-11	\$59	W	10/26-12/7	3:45-4:25PM	ATA
7-11	\$59	Th	10/27-12/8	6-6:40PM	ATA
7-11	\$59	F	10/28-12/9	3:45-4:25PM	ATA



ATA Taekwondo: Teens & Adults



A traditional Taekwondo program taught by nationally certified Black Belt and Master instructors in Maricopa's only full-time professional martial arts school. Classes emphasize overall fitness and self-defense. Featuring ATA FIT/Warrior XFIT, and the latest in personal protection training. New/White, Orange and Yellow Belts only.

12+	\$59	M	9/12-10/17	7:30-8:10PM	ATA
12+	\$59	T	9/13-10/18	7:30-8:10PM	ATA
12+	\$59	W	9/14-10/19	7:30-8:10PM	ATA
12+	\$59	Th	9/15-10/20	7:30-8:10PM	ATA
12+	\$59	F	9/16-10/21	6-6:40PM	ATA
12+	\$59	M	10/24-12/5	7:30-8:10PM	ATA
12+	\$59	T	10/25-12/6	7:30-8:10PM	ATA
12+	\$59	W	10/26-12/7	7:30-8:10PM	ATA
12+	\$59	Th	10/27-12/8	7:30-8:10PM	ATA
12+	\$59	F	10/28-12/9	6-6:40PM	ATA

ATA Taekwondo: Tiny Tigers



Students learn Taekwondo with an emphasis on listening and following directions. The ATA Life Skills education program prepares young children for school success by encouraging and rewarding discipline, respect, courtesy and self-control. Classes taught by nationally certified Black Belt and Master instructors in Maricopa's only full-time professional martial arts school. Featuring the Kids 'n Power child safety and bullying prevention program. New/White, Orange and Yellow Belts only.

4-6	\$59	M	9/12-10/17	3:45-4:25PM	ATA
4-6	\$59	T	9/13-10/18	6-6:40PM	ATA
4-6	\$59	W	9/14-10/19	5:15-5:55PM	ATA
4-6	\$59	Th	9/15-10/20	4:30-5:10PM	ATA
4-6	\$59	F	9/16-10/21	3:45-4:25PM	ATA
4-6	\$59	M	10/24-12/5	3:45-4:25PM	ATA
4-6	\$59	T	10/25-12/6	6-6:40PM	ATA
4-6	\$59	W	10/26-12/7	5:15-5:55PM	ATA
4-6	\$59	Th	10/27-12/8	4:30-5:10PM	ATA
4-6	\$59	F	10/28-12/9	3:45-4:25PM	ATA

new!

Basketball Mini/Junior/Senior Stars



This is a fun way for children who are a little more serious about the sport to pick up additional skills and experience in basketball. We have volunteer and trained staff working together to provide a high quality product.

5-7	\$40	M	9/12-10/3	5:30-6:30PM	PWY
5-7	\$40	M	10/17-11/7	5:30-6:30PM	PWY
5-7	\$40	M	11/14-12/5	5:30-6:30PM	PWY
8-10	\$40	M	9/12-10/3	6:30-7:30PM	PWY
8-10	\$40	M	10/17-11/7	6:30-7:30PM	PWY
8-10	\$40	M	11/14-12/5	6:30-7:30PM	PWY
11-18	\$40	M	9/12-10/3	7:30-8:30PM	PWY
11-18	\$40	M	10/17-11/7	7:30-8:30PM	PWY
11-18	\$40	M	11/14-12/5	7:30-8:30PM	PWY

Bootcamp:



Join us for this full-body workout that incorporates strength, endurance and flexibility. Bring a yoga mat or towel and a set of small weights (5-10 lbs).

18+	\$60	M-Th	9/12-10/6	5:15-6:15AM	PP
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Cardio Kickboxing:



If you are looking for a high-intensity workout that will increase your strength and flexibility while burning fat, try 45 minutes of cardio-kickboxing. With over six years of martial arts and cardio-kickboxing training, the instructor uses a combination of kicks, punches, jabs and self defense moves that will keep your body moving. The class starts with a five minute stretch and then moves into a full blown, body workout and finishes off with a five minute cool down. Bring your water, tennis shoes and a towel.

16+	\$21	M	9/12-9/26	6:30-7:15PM	CTR
16+	\$21	W	9/14-9/28	6:30-7:15PM	CTR
16+	\$21	M	10/3-10/24	6:30-7:15PM	CTR
16+	\$21	W	10/5-10/26	6:30-7:15PM	CTR
16+	\$21	W	11/9-11/30	6:30-7:15PM	CTR

Fishin' Maricopa



If you want your child to experience the fun about fishing, this is the class! Learn what types of fish are in Arizona, how to set up your pole for different fish, how to cast accurately and release your catch, etc. All of this without leaving Maricopa.

5-15	\$50	M-F	10/10-10/14	9-10:30AM	PP
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Fit & Learn:



An active approach to early learning. Bring your child to learn ABCs, 123s, calendar, colors and shapes while using sports and fitness to learn.

3-5	\$55	T	9/13-10/4	9-11AM	SSM
3-5	\$55	Th	9/15-10/6	9-11AM	SSM
3-5	\$55	T	10/18-11/8	9-11AM	SSM
3-5	\$55	Th	10/20-11/10	9-11AM	SSM
3-5	\$55	T	11/15-12/6	9-11AM	SSM
3-5	\$55	Th	11/17-12/15	9-11AM	SSM

Golf: Adult Co-Ed Clinic



We will work on short game, iron game, driving and putting. On the last day we will be discussing playing rules and proper golf etiquette. Range balls are included.

17+	\$80	T	10/11-11/8	5-6PM	DK
17+	\$80	T	11/15-12/13	5-6PM	DK

Golf: Junior Clinic



The Jr. clinics will consist of five lessons. We will work on short game, iron game, driving and putting. On the last day, we will be discussing playing rules and proper golf etiquette. Range balls are included.

10-16	\$60	W	10/12-11/9	5-6PM	DK
10-16	\$60	W	11/16-12/14	5-6PM	DK

Pilates (All Levels)



This class is designed for all levels who want to lose inches, increase strength and tone. Pilates works the body and focuses on developing core muscle groups including abs, back and glutes. Quality over quantity! Bring Yoga or Pilates mat, small hand towel, water and wear comfortable clothing. Advanced: bring 1-3 lbs. hand and/or ankle weights.

16+	\$45	T	9/13-10/25	6:30-7:15PM	CTR
16+	\$85	TTh	9/13-10/27	6:30-7:15PM	CTR
16+	\$45	Th	9/15-10/27	6:30-7:15PM	CTR
16+	\$160	TTh	9/15-12/15	6:30-7:15PM	CTR
16+	\$45	T	11/1-12/13	6:30-7:15PM	CTR
16+	\$85	TTh	11/1-12/15	6:30-7:15PM	CTR
16+	\$45	Th	11/3-12/15	6:30-7:15PM	CTR

Pilates N More (Beginner/Intermediate)



This class offers full body strengthening and development of the core muscles. The first 10 minutes is an immersion into breathing techniques and proper alignment of the body. The beginner through intermediate exercises

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will focus on and develop the abdominal, buttocks, legs and upper body muscles. The class will finish with deep cool down stretches for a complete relaxation of the body. Please bring a mat and water.

16+ \$36 TTh 9/13-10/6 7-7:45PM TBD
16+ \$36 TTh 10/18-11/10 7-7:45PM TBD

Pilates N More (Advanced)



Advanced Pilates is a high level fitness conditioning that encourages core strength and full body muscle development. Several intense workout circuits are implemented throughout the class including abdominals, buttocks, back, legs and other upper body muscle groups. Please bring a mat and water.

16+ \$36 TTh 9/13-10/6 8-8:45PM TBD
16+ \$36 TTh 10/18-11/10 8-8:45PM TBD

PiYo Combo



This class is a total body workout that consists of 30 minutes of Pilates and 30 minutes of Yoga. Strengthen and stretch! Bring a yoga mat, pillow or cushion, water and wear comfortable clothing.

16+ \$48 Th 9/15-10/27 7:30-8:30PM CTR
16+ \$90 Th 9/15-12/15 7:30-8:30PM CTR
16+ \$48 Th 11/3-12/15 7:30-8:30PM CTR

Quickstart Tennis



Quickstart tennis is a way for beginners to be more successful learning the basic skills in tennis. Through a safe, fun and knowledgeable program the class offers recreational group tennis lessons for beginners that want to learn coordination, equipment knowledge, court etiquette and stroke development. Some of the things that Quickstart offers to make your child more successful are different racquet sizes, smaller court sizes and foam balls.

5-7 \$56 S 9/24-11/19 8:30-9:30AM PP
5-7 \$56 Th 9/22-11/17 5:45-6:45PM PP
8-10 \$56 S 9/24-11/19 9:45-10:45AM PP
8-10 \$56 W 9/21-11/16 5:45-6:45PM PP

Soccer Mini/Junior/Senior Stars



This is a fun way for children who are a little more serious about the sport to pick up additional skills and experience in soccer. We have volunteer and trained staff working together to provide a high quality product.

5-7 \$40 T 9/13-10/4 5:30-6:30PM PWY
5-7 \$40 T 10/18-11/8 5:30-6:30PM PWY

5-7 \$40 T 11/15-12/6 5:30-6:30PM PWY
8-10 \$40 T 9/13-10/4 6:30-7:30PM PWY
8-10 \$40 T 10/18-11/8 6:30-7:30PM PWY
8-10 \$40 T 11/15-12/6 6:30-7:30PM PWY
11-18 \$40 T 9/13-10/4 7:30-8:30PM PWY
11-18 \$40 T 10/18-11/8 7:30-8:30PM PWY
11-18 \$40 T 11/15-12/6 7:30-8:30PM PWY

Tennis (Beginner/Intermediate)



Learn the skills of tennis through a safe, fun and knowledgeable program! This class offers recreational group tennis lessons for children with various skill levels and players will learn coordination, equipment knowledge, court etiquette and stroke development.

11-17 \$56 M 9/19-11/14 7-8PM PP

Tennis Power Hour



Looking for a fun group activity with high energy? Then try this class where you will get a warm up, cardio workout and cool down while playing tennis. It is a great way to get in better shape and burn calories.

18+ \$56 M 9/19-11/14 5:45-6:45PM PP
18+ \$56 W 9/21-11/16 8:30-9:30AM PP
18+ \$56 Th 9/22-11/17 7-8PM PP

Tiny Tot Sport:



Are you ready for a revolutionary sports experience? Our tiny tot sports program is a fun-filled six-week program. This class is designed to teach your little one the basic concepts of soccer, t-ball and basketball. No special equipment is needed other than a smile! A parent or guardian has to be present during the class. All participants receive a t-shirt.

2-3 \$20 M 9/12-10/28 9-9:45AM PP
2-3 \$20 W 9/14-10/26 9-9:45AM PP
2-3 \$20 M 10/31-12/5 9-9:45AM PP
2-3 \$20 W 11/2-12/7 9-9:45AM PP
3-4 \$20 T 9/13-10/25 9-9:45AM PP
3-4 \$20 T 11/1-12/6 9-9:45AM PP
4-5 \$20 F 9/16-10/28 9-9:45AM PP
4-5 \$20 F 11/4-12/16 9-9:45AM PP

Volleyball Mini/Junior/Senior Stars



This is a fun way for children who are a little more serious about the sport to pick up additional skills and experience in volleyball. We have volunteer and trained staff working together to provide a high quality product.

5-7 \$40 W 9/14-10/5 5:30-6:30PM PWY

SPORTS CALENDAR

Fall Youth Flag Football

Ages: 4-5, 6-7, 8-9, 10-12 & 13-15

Registration:

July 18 - August 26

Practices begin:

Week of October 3

First Game:

October 22

Cost: \$50 per child



Fall Youth Soccer

Ages: 4-5 coed, 6-7 girls, 6-7 boys, 8-9 girls, 8-9 boys, 10-12 girls, 10-12 boys and 13-16 coed.

Registration:

October 24 - December 16

Practices begin:

Week of January 30

First Game:

February 18

Cost: \$50 per child



For more information, contact
Community Services at 520/316.6962

5-7 \$40 W 10/19-11/9 5:30-6:30PM PWY
 5-7 \$40 W 11/16-12/7 5:30-6:30PM PWY
 8-10 \$40 W 9/14-10/5 6:30-7:30PM PWY
 8-10 \$40 W 10/19-11/9 6:30-7:30PM PWY
 8-10 \$40 W 11/16-12/7 6:30-7:30PM PWY
 11-18 \$40 W 9/14-10/5 7:30-8:30PM PWY
 11-18 \$40 W 10/19-11/9 7:30-8:30PM PWY
 11-18 \$40 W 11/16-12/7 7:30-8:30PM PWY

Yoga



Yoga is an endless, individual, inner journey. No competition, goal or judgment. Everyone progresses at their own pace. This class can reduce headaches, anxiety, stress and increase flexibility, balance, concentration, strength and endurance. Bring a yoga mat, pillow or small towel, water and wear comfortable clothing.

16+ \$45 T 9/13-10/25 7:30-8:15PM CTR
 16+ \$85 T 9/13-12/13 7:30-8:15PM CTR
 16+ \$45 T 11/1-12/13 7:30-8:15PM CTR

Yoga by Anusara Method



This yoga class is strongly influenced by the Anusara Method, which emphasizes the three As, attitude, alignment and action. Attitude embraces the function of the heart in relation to the movement of the body. Alignment concentrates on the muscular, skeletal and internal organ positioning for body strength and balance. Action encourages the student to express the natural flow of energy with stability and fearlessness. To the yoga beginner, be encouraged and to the intermediate and advanced, be challenged. Please bring a yoga mat and water.

16+ \$48 MW 9/12-10/5 7:15-8:15PM TBD
 16+ \$48 MW 10/17-11/9 7:15-8:15PM TBD

Yoga for Seniors:



This class is designed for ages 55 and older. Live longer and become stronger, gain flexibility and increase range of motion. Bring a yoga mat, pillow or cushion, water and wear comfortable clothing.

55+ \$45 T 9/13-10/25 5:30-6:15PM CTR
 55+ \$85 T 9/13-12/13 5:30-6:15PM CTR
 55+ \$45 T 11/1-12/13 5:30-6:15PM CTR

Zumba:



Zumba is a Latin-inspired, dance-fitness class that incorporates Latin and international music and dance movements. This class

format combines fast and slow rhythms that tone and sculpt the body in a high impact aerobic/fitness fashion to achieve a unique blended balance of cardio and muscle-toning benefits. Be prepared for an hour of non-stop dancing in a party-like environment. All levels welcome.

16+ \$35 T 9/13-10/25 6:30-7:30PM CTR
 16+ \$35 Th 9/15-10/27 6:30-7:30PM CTR
 16+ \$35 T 11/1-12/6 6:30-7:30PM CTR
 16+ \$35 Th 11/3-12/15 6:30-7:30PM CTR



DANCE & GYMNASTICS

Cheerleading



Come enjoy our fun atmosphere while learning cheers, arm positions, jumps and tumbling to enhance your cheer skills.

5-10 \$53 Th 9/15-10/6 5:45-6:30PM SSM
 5-10 \$53 Th 10/20-11/10 5:45-6:30PM SSM
 5-10 \$53 Th 11/17-12/15 5:45-6:30PM SSM
 11-18 \$53 W 9/14-10/5 6-7PM SSM
 11-18 \$53 W 10/19-11/9 6-7PM SSM
 11-18 \$53 W 11/16-12/7 6-7PM SSM

Fairy Tale Ballet/Tap/Jazz Combo



This six week class introduces 5-7 yr. olds to various forms of dance. They will learn ballet, tap, and jazz. Focus will be on each one for two weeks at a time. This will be a fun and active class that keeps students moving and engaged in learning new things. Students are recommended to wear any color leotard with or without a skirt, pink tights, and pink ballet shoes. Attire is not included in registration fee but is optional.

5-7 \$53 S 9/17-10/29 10-11AM MDF
 5-7 \$53 S 11/5-12/17 10-11AM MDF

Gymnastics



Non-experienced gymnasts will learn all the basics of gymnastics, including use of equipment from certified instructors in our fully-equipped gym.

7-18 \$53 M 9/12-10/3 5:45-6:30PM SSM
 7-18 \$53 T 9/13-10/4 5-5:45PM SSM
 7-18 \$53 Th 9/15-10/6 5-5:45PM SSM
 7-18 \$53 M 10/17-11/7 5:45-6:30PM SSM
 7-18 \$53 T 10/18-11/8 5-5:45PM SSM
 7-18 \$53 Th 10/20-11/10 5-5:45PM SSM
 7-18 \$53 M 11/14-12/5 5:45-6:30PM SSM
 7-18 \$53 T 11/15-12/6 5-5:45PM SSM
 7-18 \$53 Th 11/17-12/15 5-5:45PM SSM

Hula Princesses Fun Dance



Aloha! This is a fun, new and exciting class for adventurous dancers. Students will learn a beginner introduction to Hawaiian Cultural Dances (focusing on Auna Style "Modern Hula"), real Hula instruments and basic Mele "Songs". An introduction to the exhilarating drums of Tahitian dance will be taught as well.

5-12 \$45 S 9/17-10/29 9-9:55AM TBD
 5-12 \$45 S 11/5-12/10 9-9:55AM TBD

Parent & Star



Bond with your child through gymnastics! USA certified instructors will explore the vault, bars, beams, floor, rings, trampoline and much more with parents and children. Note: your child must be able to walk on their own to participate in this class.

1-3 \$48 M 9/12-10/3 9-9:30AM SSM
 1-3 \$48 T 9/13-10/4 9-9:30AM SSM
 1-3 \$48 Th 9/15-10/6 9-9:30AM SSM
 1-3 \$48 M 10/17-11/7 9-9:30AM SSM
 1-3 \$48 T 10/18-11/8 9-9:30AM SSM
 1-3 \$48 Th 10/20-11/10 9-9:30AM SSM
 1-3 \$48 M 11/14-12/5 9-9:30AM SSM
 1-3 \$48 T 11/15-12/6 9-9:30AM SSM
 1-3 \$48 Th 11/17-12/15 9-9:30AM SSM

Shooting Stars



When introducing gymnastics to children, our main goal is for them to have fun as they learn the core physical concepts of flexibility, balance and agility. Students will work alongside certified instructors with the vault, bars, beam, floor, rings and trampoline.

5-6 \$53 Th 9/15-10/6 4:15-5PM SSM
 5-6 \$53 Th 10/20-11/10 4:15-5PM SSM
 5-6 \$53 Th 11/17-12/15 4:15-5PM SSM

Shooting/Tumble Stars Combo

new!

Boys and girls will develop strength, flexibility, and coordination alongside certified instructors with the vault, bars, beam, floor, rings and trampoline.

4-6 \$53 W 9/14-10/5 3:30-4:15PM SSM
4-6 \$53 W 10/19-11/9 3:30-4:15PM SSM
4-6 \$53 W 11/16-12/7 3:30-4:15PM SSM

Teen Belly/Tahitian Dance Combo

new!

For teens full of energy and stamina! Come join the fun of hip shaking all the way from Shimmie to Ta'iri. Half class will focus on belly dancing, the other half on Tahitian dancing. Learn the basic isolations of belly dancing, tips for gracious hand movement, ab rolling, chest lifting and more. Learn the secrets of the exotic Tahitian dancers, introduction to basic steps like Ta'iri, Otamu and Fa'arapu. Short routines will be taught.

13-18 \$45 S 9/17-10/29 10-10:55AM TBD
13-18 \$45 S 11/5-12/10 10-10:55AM TBD

Tiny Tot Combo

In this six-week class, students learn how to work in a group setting without mom or dad and do half hour of tap and a half hour of ballet.

3-5 \$53 S 9/17-10/29 9-10AM MDF
3-5 \$53 S 11/5-12/17 9-10AM MDF

Tumble Stars

When introducing gymnastics to children, our main goal is for them to have fun as they learn the core physical concepts of flexibility, balance and agility.

3-4 \$53 M 9/12-10/3 10-10:45AM SSM
3-4 \$53 M 9/12-10/3 5:45-6:30PM SSM
3-4 \$53 T 9/13-10/4 10-10:45AM SSM
3-4 \$53 T 9/13-10/4 5-5:45PM SSM
3-4 \$53 Th 9/15-10/6 10-10:45AM SSM
3-4 \$53 Th 9/15-10/6 5-5:45PM SSM
3-4 \$53 M 10/17-11/7 10-10:45AM SSM
3-4 \$53 M 10/17-11/7 5:45-6:30PM SSM
3-4 \$53 T 10/18-11/8 10-10:45AM SSM
3-4 \$53 T 10/18-11/8 5-5:45PM SSM
3-4 \$53 Th 10/20-11/10 10-10:45AM SSM
3-4 \$53 Th 10/20-11/10 5-5:45PM SSM
3-4 \$53 M 11/14-12/5 10-10:45AM SSM
3-4 \$53 M 11/14-12/5 5:45-6:30PM SSM
3-4 \$53 T 11/15-12/6 10-10:45AM SSM
3-4 \$53 T 11/15-12/6 5-5:45PM SSM
3-4 \$53 Th 11/17-12/15 10-10:45AM SSM
3-4 \$53 Th 11/17-12/15 5-5:45PM SSM

Tumble Tots

This class is for adventurous children that are able to be separated easily from their parents to explore gymnastics in a fun and safe environment with a safety certified instructor in toddler-kinder gymnastics.

2 \$48 M 9/12-10/3 9:30-10AM SSM
2 \$48 T 9/13-10/4 9:30-10AM SSM
2 \$48 Th 9/15-10/6 9:30-10AM SSM
2 \$48 M 10/17-11/7 9:30-10AM SSM
2 \$48 T 10/18-11/8 9:30-10AM SSM
2 \$48 Th 10/20-11/10 9:30-10AM SSM
2 \$48 M 11/14-12/5 9:30-10AM SSM
2 \$48 T 11/15-12/6 9:30-10AM SSM
2 \$48 Th 11/17-12/15 9:30-10AM SSM

Tween/Teen Dance Mix

This six week class is for boys and girls and introduces teenagers and tweens to various forms of dance, including hip hop, tap, ballet and jazz.

10-15 \$53 W 9/14-10/26 6-7PM MDF
10-15 \$53 W 11/2-12/7 6-7PM MDF

GENERAL INTEREST

Cake Decorating Basics: The Character Cake

Decorate your cake and eat it too! Learn the star techniques for creating a Wilton character cake, decorated working with a star tip and borders along with techniques of leveling, flowers, and writing. This class is offered in partnership with Central Arizona College (CAC). Instructor: Helen Kovac.

18+ \$25 S 10/15 9AM-12PM CAC

Cake Decorating Basics: The Layered Cake

Decorate your layered cake and eat it too! Learn the Wilton's method of cake decorating including leveling, borders, flowers, and writing. This class is offered in partnership with Central Arizona College (CAC). Instructor: Helen Kovac.

18+ \$25 S 10/1 9AM-12PM CAC

Candid Photos for Kids

Has your child tried to take your camera away from you because they want to take their own picture? If yes, then sign them up for this class. We will focus on the basic skills of photography in a fun hands-on environment. Class fee includes camera and prints.

8-12 \$45 F 10/7-10/21 3:30-5PM TBD

Creative Writing Seminar

Recognize and develop the hidden writer within you by expressing your creativity through writing a short story, play, article, or poem to share with grandchildren, family, and friends. This class is offered in partnership with Central Arizona College (CAC). Instructor: Rhani Shaikh.

18+ \$35 S 11/5-12/3 10AM-12PM CAC

Disc Jockey Basics: Community Education

new!



Learn the basics of becoming a DJ. This course discusses how to book gigs, price services, and market a business. It provides "hands-on training" with some of the latest cutting-edge DJ equipment technologies, such as Serato Live, CDJs, turntables, midi-



controllers, and mixers. This class is offered in partnership with Central Arizona College (CAC). Instructor: Dan Agloro.

18+ \$49 W 10/5-10/26 6-8PM CAC

Intro to Digital Scrapbooking and Storybooking



Have you ever wondered if you will ever get those pictures off of your camera cards or hard drives? Do you wish you had an easy way to actually look at the 100's and 1000's of photos you take every year? Join us for an all-inclusive class to learn the ins and outs of preserving your photos in beautiful projects including, among others, hard-bound storybooks, gallery-wrapped canvas prints, calendars, and cards. Your tuition will include access to a computer during class time, 3 months of unlimited access to over 750 professionally-designed digital art collections (over 45,000 pieces of art), over 4000 templates to use to create your projects, instruction by an Independent Personal Publishing Consultant, and \$120 in publishing credit to use for publishing the projects you create in class. *Scanning available for digitizing older, hard-copy photos for use in your projects.

16+ \$120 Th 9/15-10/13 7-9PM TBD

16+ \$120 Th 10/20-12/1 7-9PM TBD

Mosaic Workshop



The Mosaic workshop involves working with broken glass and china to create such items as a frame, clock, birdhouse. To see some of the instructors work, please visit: yesterdaytodayworkshops.wordpress.com

18+ \$60 W 11/2-11/23 5:30-8:30PM TBD

Photography 101 Series



This workshop series is designed for the beginning photographer. You will learn basic principles regarding camera functionality, composition, and lighting. You can take one course in the series or all three. So, if you are ready to improve your photography, then this workshop is for you! Don't forget your camera. Workshop #1: Photography Basics Do you wonder what those little buttons are on your camera? This workshop will walk you step by step on aperture, shutter speed, ISO, White Balance, and much more! At the end of this workshop, you will be able to use your camera to it's fullest capability. Workshop #2: Composition Matters Taking a great photo is more than lifting up your camera and taking

a shot. In this workshop, you will learn how to achieve the best exposure, rule of thirds, family/ group arrangements, black and white photography, and how to use your aperture for creative effects. This workshop will take you to the next level! Workshop #3: Practice at the Park In this workshop, you will apply the principles regarding camera functionality, composition, and lighting. You will be given a series of assignments which will take you step by step. These include varying your shutter speed and aperture to achieve the best exposure, using depth of field to get creative effects, and applying the principles of composition. Your photos will be evaluated during the workshop or you can send them to the instructor afterwards for additional critique.

18+ \$75 F 10/7-10/21 6-8PM CH

18+ \$75 Th 11/3-11/17 6-8PM CH

Photography Workshop #1: Photography Basics



This workshop series is designed for the beginning photographer. You will learn basic principles regarding camera functionality, composition, and lighting. You can take one course in the series or all three. So, if you are ready to improve your photography, then this workshop is for you! Don't forget your camera. Workshop #1: Photography Basics Do you wonder what those little buttons are on your camera? This workshop will walk you step by step on aperture, shutter speed, ISO, White Balance, and much more! At the end of this workshop, you will be able to use your camera to it's fullest capability.

18+ \$25 F 10/7 6-8PM CH

18+ \$25 Th 11/3 6-8PM CH



Photography Workshop #2: Composition Matters:



This workshop series is designed for the beginning photographer. You will learn basic principles regarding camera functionality, composition, and lighting. You can take one course in the series or all three. So, if you are ready to improve your photography, then this workshop is for you! Don't forget your camera. Workshop #2: Composition Matters Taking a great photo is more than lifting up your camera and taking a shot. In this workshop, you will learn how to achieve the best exposure, rule of thirds, family/ group arrangements, black and white photography, and how to use your aperture for creative effects. This workshop will take you to the next level!

18+ \$25 F 10/14 6-8PM CH

18+ \$25 Th 11/10 6-8PM CH

Photography Workshop #3: Practice at the Park



This workshop series is designed for the beginning photographer. You will learn basic principles regarding camera functionality, composition, and lighting. You can take one course in the series or all three. So, if you are ready to improve your photography, then this workshop is for you! Don't forget your camera. Workshop #3: Practice at the Park In this workshop, you will apply the principles regarding camera functionality, composition, and lighting. You will be given a series of assignments which will take you step by step. These include varying your shutter speed and aperture to achieve the best exposure, using depth of field to get creative effects, and applying the principles of composition. Your photos will be evaluated during the workshop or you can send to the instructor afterwards for additional critique.

18+ \$25 F 10/21 6-8PM CH

18+ \$25 Th 11/17 6-8PM CH

Quilt Making for Beginner



Learn the basics of quilt making while making a quilt using the latest quick cutting techniques and machine piecing skills. Everything from fabric selection to binding the finished quilt will be covered in this class. This class is offered in partnership with Central Arizona College (CAC).

18+ \$25 S 10/22-10/29 10AM-12PM CAC



Quilt Making: T-shirt Quilt



Learn the basics of quilt making while making a quilt from old t-shirts using the latest quick cutting techniques and machine piecing skills. This class is offered in partnership with Central Arizona College (CAC).

18+ \$25 S 11/12-11/19 1-3PM CAC

Reiki I – Basics



Reiki is the study of energy therapy that uses simple hands on and visualization techniques to improve the flow of life energy in a person. Reiki uses a very gentle energy to assist in relieving stress, pain, and various health issues. This class is offered in partnership with Central Arizona College (CAC). Instructor: Allison Sandblom

18+ \$31 F 9/30 8:30AM-2PM CAC

Remembering with Alzheimer's



Learn how to help your loved one to remain as mentally alert as possible, maintain emotional balance and be cognitively aware of his or her surroundings for as long as possible. Most of all, learn techniques to help caregivers deal with their emotions and the emotions of other family members involved with the everyday care of a loved one. This class is offered in partnership with Central Arizona College (CAC). Instructor: CaroLee Hosley

18+ \$73 FS 12/2-12/17 12-2PM CAC

Teen Field Trip Series 1st Trip



Have you heard about Airworx trampoline Center? Join us as we take a trip to Chandler Airworx for tons of bouncing and fun. Feel free to check out their website at: <http://www.airworx.us/> Cost include transportation and entry fee. Additional cost for food or other expenses are not included.

13-18 \$10 S 9/17 5-9:30PM CH

Teen Field Trip Series 2nd Trip



Enjoy a night out with your friends at Kyrene Lanes! We will be Bowling the night away to see how many strikes we can rack up. Cost include transportation and two games of Bowling. Additional cost for food or other expenses are not included.

13-18 \$10 S 11/12 5-9:30PM CH

Transforming "Junk" into treasures



In this course, students will complete a project from items found around the home that otherwise would be trash. The items will be transformed into a finished product to be used or given as a gift. This class is offered in partnership with Central Arizona College (CAC). Instructor: CaroLee Hosley.

18+ \$25 S 11/5 1-3PM CAC

Tumbled Glass Jewelry



The tumbled glass workshop involve cutting, drilling, tumbling and assemble finished pieces of jewelry such as pendants, ear rings, bracelets involving wire wrapping (non tarnish artistic wire). To see some of the instructors work please visit: yesterdaytodayworkshops.wordpress.com

18+ \$60 S 10/29-11/19 9AM-12PM TBD

TRAINING & CERTIFICATIONS

Heartsaver CPR & AED



Class includes adult/child/infant CPR/AED training using the new Nov 2010 guidelines. Each student who passes the class will receive an American Heart Association card, valid for two years. Please bring lunch.

15+ \$45 S 10/15 9AM-1PM TBD

15+ \$45 S 12/17 9AM-1PM TBD

Heartsaver First Aid w/CPR & AED



Students learn how to manage illness and injuries in the first few minutes until professional help arrives. Class includes general principles, medical/injury emergencies, adult/child/infant CPR/AED training using the new Nov 2010 guidelines. Each student who passes the class will receive an American Heart Association card, valid for two years. Please bring lunch.

15+ \$50 S 9/17 9AM-4PM TBD

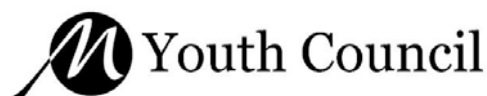
15+ \$50 S 11/19 9AM-4PM TBD

Intermediate Computer Skills



The student will get into more intermediate and advanced processes of software applications such as Microsoft Word, Microsoft Excel and Microsoft PowerPoint. Advanced web searches, email usage and other Internet-based applications will be examined. This class will be driven by student questions and participation. This class is offered in partnership with Central Arizona College (CAC). Instructor: Dan Cowley.

18+ \$37 S 10/15-10/29 1-3PM CAC



APPLY NOW FOR THE CITY OF MARICOPA'S YOUTH COUNCIL

IT IS OPEN TO ANY 14 – 18 YEAR OLD YOUTH WHO LIVES IN MARICOPA OR THE SURROUNDING PLANNING AREAS.

YOU DO NOT HAVE TO ATTEND A MARICOPA SCHOOL TO BE A MEMBER.

APPLICATIONS WILL BE AVAILABLE AT CITY HALL OR ONLINE AT WWW.MARICOPA-AZ.GOV STARTING ON AUGUST 1ST, 2011.

FOR QUESTIONS CONTACT

ROCKY BROWN AT

(520) 316 - 6835 OR AT

ROCKY.BROWN@MARICOPA-AZ.GOV

"BE THE VOICE FOR THE YOUTH IN MARICOPA!"

Questions?

Contact Us...

Contact Community Services 520.316.6962

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Maricopa Public Library

T, Th, F, S 9am-5pm
M, W 11am-7pm
Su closed

41600 West Smith-Enke Road | 520/568-2926

Looking Ahead...

at the Recreation Calendar



Fall / Winter Session 2011

Registration begins: August 1
Classes: September 12 through
December 17

Winter / Spring Session 2012

Registration begins: November 28
Classes: January 9 through April 21